



Mobile Content Management Portal

User Manual

Vitality[®]

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1. Document Configuration

1.1 Revision history

Version	Date of Change	Responsible Person	Description of Change
0.1	11/8/2017	Frich Artificio	Draft
0.2	16/8/2017	Frich Artificio	Updated designs on the MCMP Major Feature Page and Translation Edit Page.
0.3	9/4/2017	Frich Artificio	Changed the format of the instructions and images for clarity.
0.4	9/7/2017	Frich Artificio	Updated to include the Editing Guide for Web Content and the Approval Guide for Web Content. Updated statuses for Web Content. Edited the Translation Edit Page into the modal. Updated the respective images and text for the aforementioned changes.
0.5	1/8/2018	Frich Artificio	Updated the document for UAT purposes
2.0	31/01/2020	Charmaine Dube	Updated features & contents

1.2 Distribution and Sign-off

Responsible Person	Role and Department	Responsibility (Review / Sign-off)	Date
Charmaine Dube	BA/ Product Owner	Update and Review	
Celeste Sparrow	Business Owner	Sign-off	

1.3 Glossary of terms

Term	Abbr.	Definition
Mobile Content Management Portal	MCMP	A portal used for translating content from one language to another.
Vitality Health Review	VHR	It is a Health Review by Vitality for its members which is an in-depth online assessment which informs members how healthy they are.
Vitality Health Check	VHC	It is a Health Check by Vitality for its members which are several health tests done by licensed professionals that inform its members how healthy they are.
Resource Bundle		Resource Bundle is a content type within MCMP that categorizes specific token IDs found throughout Vitality Mobile Services. These are in the form of strings that can be translated by Reviewers. The elements found within the Resource Bundles can have the following statuses: Created, Edited, Submitted, Approved or Declined.
Web Content		Web Content is a content type within MCMP that categorizes specific strings found throughout Vitality Mobile Services. These strings are often large texts such as Terms & Conditions or Legal documents. When Web Content is edited, it would be stored in Liferay as one of two statuses, Saved as Draft and Published. As such, within MCMP, Web Content would have 3 statuses, either Created (no prior edits have been created), Submitted (Saved as Draft), or Approved (Published).

Introduction

This user manual would provide the user the steps to be done to use the functionalities found within the MCMP application. This document goes through the different pages that the two roles, Reviewer and Approver, may encounter within MCMP. The functionalities of the application would be discussed within the steps of the processes indicated within this document. As such, this document would discuss the MCMP Landing Page, Major Feature Landing Page, Translation Page, and Translation Page Pop-up. Additionally, this user manual would serve as the guide for users to be able to translate the elements found throughout the Vitality mobile services.

The primary output of MCMP would be an updated XML and Strings file which would be sent to the backend when the MCMP admin would undergo the export functionality. The exported files would contain elements that have been approved by the MCMP Approver which would be updated upon the time of exporting. Once the mobile team has retrieved these files and extracted them onto the current implementation of the mobile application, the edits done by MCMP Reviewer would be seen on the newer version of the application.

1.4 Page navigation

1.4.1 Website navigation

The table below shows the 3 levels of menu items on the navigation menu and the content type expected for each item.

Please note that carriers will only see items that are relevant to their Carrier Vitality product.

Navigation Level 1 (Major Feature Set)	Navigation Level 2 (Feature Set)	Navigation Level 3 (Feature)	Content Type
Login & Registration	Onboarding		Resource Bundle
	Login	Login	Resource Bundle
		Forgot Password	Resource Bundle
		Reset Password	Resource Bundle
	Settings		Resource Bundle
	Legal Content	Registration Terms and Conditions	Web Content
		Terms and Conditions Functions	Resource Bundle
		Privacy Statement	Web Content
	Registration		Resource Bundle
	VHR	Onboarding	Onboarding
Learn More		Learn More	Resource Bundle
Assessment Journey		VHR Summary	Resource Bundle
		Error Messages	Resource Bundle
		Completed Screen	Resource Bundle
Legal Content		Disclaimer	Web Content
		Data Sharing	Web Content
Non-Smokers Declaration		Homescreen	Homescreen Card
	Onboarding	Onboarding	Resource Bundle
	Learn More	Learn More	Resource Bundle
	Declaration	Declaration	Resource Bundle
		Error Messages	Resource Bundle
		Completion Message	Resource Bundle
		Declaration (Mobile)	Resource Bundle
	Legal Content	Data sharing agreement	Web Content
Vitality Health Check	Homescreen	Homescreen Card	Resource Bundle
	Onboarding		Resource Bundle
	Learn More	Learn More VHC	Resource Bundle
		Learn More BMI	Resource Bundle
		Learn More Waist Circumference	Resource Bundle
		Learn More Glucose	Resource Bundle
		Learn More Blood Pressure	Resource Bundle
		Learn More Cholesterol	Resource Bundle
		Learn More HbA1c	Resource Bundle
		Participating Partners	Resource Bundle
	Health Check Submission	Submission Form	Resource Bundle
		Capture Results	Resource Bundle
		Capture Proof	Resource Bundle
		Validation Messages	Resource Bundle
		System Error Messages	Resource Bundle
	Completion Message	Resource Bundle	
	History	Resource Bundle	
Legal Content	Data sharing agreement	Web Content	
Points Monitor	Filter by Category	Category Names	Resource Bundle
		Category Messages	Resource Bundle

Navigation Level 1 (Major Feature Set)	Navigation Level 2 (Feature Set)	Navigation Level 3 (Feature)	Content Type
	Points Detail		Resource Bundle
	Points Monitor Messages	General Messages	Resource Bundle
		Error Messages	Resource Bundle
Wellness Devices	Navigation Screen		
	Homescreen	Homescreen Card	Resource Bundle
	Onboarding		Resource Bundle
	Learn More	Learn More	Resource Bundle
	Devices Summary	Landing screen	Resource Bundle
	Device and App Linking	Device Information screen	Resource Bundle
		Link	Resource Bundle
		Delink	Resource Bundle
		Error Messages	Resource Bundle
		Syncing (app to app)	Resource Bundle
	Steps to Link	Garmin	Web Content
		Fitbit	Web Content
		Jawbone	Web Content
		Misfit	Web Content
		Moves app	Web Content
		Runkeeper	Web Content
		Strava	Web Content
		Suunto	Web Content
		TomTom	Web Content
		Withings	Web Content
		Polar	Web Content
		iHealth	Web Content
		Apple Health	Web Content
		Samsung S Health	Web Content
		Google Fit	Web Content
		Technogym	Web Content
	About devices and apps	About Garmin	Web Content
		About Suunto	Web Content
		About Garmin	Web Content
		About Polar	Web Content
		About Fitbit	Web Content
		About Jawbone	Web Content
		About Moves app	Web Content
		About Runkeeper	Web Content
		About Strava	Web Content
		About TomTom	Web Content
		About Withings	Web Content
		About iHealth	Web Content
		About Apple Health	Web Content
		About Samsung S Health	Web Content
		About Google Fit	Web Content
		About Technogym	Web Content
	How to earn points	Heart Rate	Resource Bundle
		Speed	Resource Bundle
		Steps	Resource Bundle
		Calories Burned	Resource Bundle
	Legal Content	Data sharing agreement	Web Content
Active Rewards (Goals & Rewards)	Homescreen	Active Rewards	Resource Bundle
		Get Rewarded	Resource Bundle
		Active Rewards Choice	Resource Bundle
		Active Rewards Wheel Spin	Resource Bundle

Navigation Level 1 (Major Feature Set)	Navigation Level 2 (Feature Set)	Navigation Level 3 (Feature)	Content Type
		Active Rewards – Coins (no Game)	Resource Bundle
		Get Rewarded Choice	Resource Bundle
		Get Rewarded Wheel Spin	Resource Bundle
		Get Rewarded – Coins (No Game)	Resource Bundle
	Onboarding	Active Rewards	Resource Bundle
		Wellness devices	Resource Bundle
		Link a device	Resource Bundle
		Link a device – Coins (No Game)	Resource Bundle
	Legal Content	Medically fit agreement	Web content
		Partner 1 - Data sharing agreement	Web content
	Learn More	Learn More – Coins (No Game)	Resource Bundle
		Learn More	Resource Bundle
		Participating Partners	Resource Bundle
		Learn More – Wheel Spin	Resource Bundle
	Activation	Complete VHR	Resource Bundle
		Activated	Resource Bundle
		Activated – Coins (No Game)	Resource Bundle
	Weekly Target	Summary	Resource Bundle
		Summary – Coins (No Game)	Resource Bundle
	Activity	No Activity	Resource Bundle
		Summary	Resource Bundle
		Activity detail	Resource Bundle
		Event detail	Resource Bundle
	Rewards	Current rewards	Resource Bundle
		Current rewards – Coins (No Game)	Resource Bundle
		History	Resource Bundle
		Win reward	Resource Bundle
		Select reward	Resource Bundle
		Chosen reward	Resource Bundle
		Data Privacy	Web content
		Partners	Resource Bundle
		Congratulations Page	Resource Bundle
	Partner information screen	Partner 1	Web content
Apple Watch – Earn with Watch Monthly	Homescreen	Homescreen card	Resource Bundle
		Homescreen card V2	Resource Bundle
	Onboarding		Resource Bundle
	Learn more		Resource Bundle
	Purchase and Tracking	Landing	Resource Bundle
		Manage Permissions	Resource Bundle
		My Device	Resource Bundle
		Activity History	Resource Bundle
		Cashback Earned	Resource Bundle
	Legal Content	Data Sharing	Web Content
Apple Watch – Earn with Watch Weekly	Homescreen		Resource Bundle
	Onboarding		Resource Bundle
	Learn more		Resource Bundle
	Purchase and Tracking	AW Landing Screen	Resource Bundle
		Purchase	Resource Bundle
		Finance agreement detail	Web Content
		AR Landing Screen	Resource Bundle
		Payment history	Resource Bundle
		Activity history	Resource Bundle
		Manage permissions	Resource Bundle

Navigation Level 1 (Major Feature Set)	Navigation Level 2 (Feature Set)	Navigation Level 3 (Feature)	Content Type
		My Apple Watch benefit	Resource Bundle
		Payment details	Web Content
		Settle balance overview	Resource Bundle
		Settle balance detail	Web Content
	Legal Content	Data Sharing	Web Content
Status	Homescreen		
	Onboarding		Resource Bundle
	Learn More		Resource Bundle
	Status	Status Information	Resource Bundle
		Status Increase	Resource Bundle
	Rewards	My rewards	Resource Bundle
		Status rewards	Resource Bundle
	Earning points	Product category – get active	Resource Bundle
		Points event detail	Resource Bundle
Screenings and Vaccinations	Homescreen	Homescreen card	Resource Bundle
		Homescreen card V2	Resource Bundle
	Onboarding		Resource Bundle
	Screenings and Vaccinations Summary	Landing screen	Resource Bundle
		Screenings List	Resource Bundle
		Vaccinations List	Resource Bundle
		History	Resource Bundle
	Learn More	Learn more screenings and vaccinations	Resource Bundle
		Screenings List	Resource Bundle
		Vaccinations List	Resource Bundle
		About <test/vaccination>	Resource Bundle
		Participating Partners	Resource Bundle
	Legal Content	Data Sharing Agreement	Web content
	Screenings and Vaccinations Submission	Submission Form	Resource Bundle
		Capture Proof	Resource Bundle
		Error messages	Resource Bundle
		Completion Message	Resource Bundle
VNA	Homescreen	Homescreen Card	Resource Bundle
		Homescreen Card v2	
	Onboarding	Onboarding	Resource Bundle
	Learn More	Learn More	Resource Bundle
		Help	Resource Bundle
	Assessment Journey	VNA Summary	Resource Bundle
		Error Messages	Resource Bundle
		Completed Screen	Resource Bundle
	Legal Content	Disclaimer	Web Content
		Data Sharing	Web Content
MWB	Homescreen	Homescreen Card	Resource Bundle
		Homescreen Card v2	Resource Bundle
	Onboarding	Onboarding	Resource Bundle
	Learn More	Learn More	Resource Bundle
	Assessment Journey	MWB Summary	Resource Bundle
		Error messages	Resource Bundle
		Completed Screen	Resource Bundle
		Results	Resource Bundle
	Legal Content	Disclaimer	Web Content
		Data Sharing	Web Content
My Health - VHR	Vitality Age	VHC only done	Resource Bundle
		VHR done	Resource Bundle

Navigation Level 1 (Major Feature Set)	Navigation Level 2 (Feature Set)	Navigation Level 3 (Feature)	Content Type
		Outdated	Resource Bundle
	Onboarding		Resource Bundle
	Learn More		Resource Bundle
	My Health	No assessments done	Resource Bundle
		VHC only done	Resource Bundle
		VHR done	Resource Bundle
		Outdated	Resource Bundle
	Legal Content	Disclaimer	Web Content
	Tips		Resource Bundle
	Search		Resource Bundle
	Feedback		Resource Bundle
Profile and Settings	Member profile		Resource Bundle
	Personal details	Landing page	Resource Bundle
		Change email address	Resource Bundle
		Change photo	Resource Bundle
	Membership Details	Membership details	Resource Bundle
		Number descriptions	Resource Bundle
	Events feed	No Events Activity	Resource Bundle
		Events Categories	Resource Bundle
		Events Activity	Resource Bundle
	Settings	Landing page	Resource Bundle
		Logout	Resource Bundle
		Communication preferences	Resource Bundle
		Privacy settings	Resource Bundle
		Privacy statement	Web content
		Security settings	Resource Bundle
		Touch ID	Resource Bundle
		Change password	Resource Bundle
		Terms and conditions	Web content
		Feedback	Resource Bundle
Help & FAQ	Suggestions		Resource Bundle
	Help answers		Resource Bundle
	Feedback	Capture Feedback	Resource Bundle
		Error Messages	Resource Bundle
Organized Fitness Events	Homescreen	Homescreen Card	Resource Bundle
		Homescreen Card v2	Resource Bundle
	Onboarding		Resource Bundle
	OFE Summary	Landing screen	Resource Bundle
	Learn More		Resource Bundle
	Events and Points	Events List	Resource Bundle
		Event Detail	Resource Bundle
		Suggest Event Type	Resource Bundle
	Claim points	Submit Event	Resource Bundle
		Search Event Type	Resource Bundle
		Capture Proof	Resource Bundle
		Summary	Resource Bundle
		Error Messages	Resource Bundle
		Completed Screen	Resource Bundle
	History		Resource Bundle
	Legal Content	Data Sharing	Web Content
Generic Device Cashback	Homescreen	Homescreen Card	
		Homescreen Card v2	

Navigation Level 1 (Major Feature Set)	Navigation Level 2 (Feature Set)	Navigation Level 3 (Feature)	Content Type
	Onboarding		Resource Bundle
	Learn More		Resource Bundle
	Purchase and Tracking	Device	Resource Bundle
		Earning Cashback	Resource Bundle
		History	Resource Bundle
	Legal Content	Data Sharing	Web Content
	Self-Declare	Homescreen	
		Onboarding	Resource Bundle
		Learn More	Resource Bundle
		Activation landing screen	Resource Bundle
		Proof of Purchase	Resource Bundle
		Qualifying Devices	Resource Bundle
Commons	Buttons for call to action		Resource Bundle
	Buttons for acknowledgement		Resource Bundle
	Learn More		Resource Bundle
	General Text		Resource Bundle
	Legal content		Resource Bundle
	Error messages/titles/Ranges		Resource Bundle
	Points related messaged/titles		Resource Bundle
	Homescreen card new nav		Resource Bundle
	Error Handling		Resource Bundle
Insurance Premium	Homescreen	Homescreen Card	
		Homescreen Card v2	
	Landing Screen	Engaged members	Resource Bundle
		Unengaged members	Resource Bundle
	My Rewards		Resource Bundle
Rewards Partners	Homescreen	Homescreen Card v2	
My Health – MWB	Cards	Stressor	Resource Bundle
		Social	Resource Bundle
		Psychological	Resource Bundle
	Learn More	Stressor	Resource Bundle
		Social	Resource Bundle
		Psychological	Resource Bundle
	My Health Results	Stressor	Resource Bundle
		Social	Resource Bundle
		Psychological	Resource Bundle
	Legal Content	Disclaimer	Web Content
My Health – VNA	Learn More	Nutrition Results	Resource Bundle
	My Health Results	Unknown	Resource Bundle
		View Your Results	Resource Bundle
		Outdated	Resource Bundle
	Legal Content	Disclaimer	Web Content

2. Configuration

2.1 System roles

For the generic MCMP solution there will be two system roles available for given carriers i.e. Review and Approver. It will be possible to grant the user one role, either Reviewer or Approver. These roles are differentiated by the capabilities each is allowed:

System role	Access description
Reviewer	Will have the capability and task to do translations from one language to another in the portal. The options available to the Reviewer within the Translation page would only be Edit and Submit.
Approver	Will have the capability and task to review the translations done by the Reviewer and to approve the translations done. The options available to the approver within the Translation page would be Approve and Decline. Upon approval, these elements would be placed onto the imported files as only approved elements would be considered for the files to be exported.

2.2 MCMP Statuses

Given that the primary function of MCMP would be to provide translations for the various content found across the different features of the mobile application, the translation tables contain different statuses to describe the progress of each element within the translation process. The different statuses are the following:

Status	English Column contains:	Other Language Column contains:	Description
Created	Element in English	None	Translated content has yet to be created. Clicking Edit would open the Translation Edit modal. In the Translation Edit Page, the editor can input the translation and submit it using the Save button. Pressing the Save button would transport the user back to the Translation page with the updated Other Column content. As such, the user's input from the Translation Edit page would be placed in the Other Language column and its status would be updated to Edited.
Edited	Element in English	Recently edited content	This is the status in which the element has recently been edited. Clicking Edit would open the Translation Edit modal. In the Translation Edit modal, the editor can input the translation and submit it using the Save button. Pressing the Save button would transport the user back to the Translation page with the updated Other Column content. As such, the user's input from the Translation Edit page would be placed in the Other Language column and its status would be updated to Edited.

Submitted	Element in English	Recently edited content	<p>Submitting would only be enabled if there is at least one element has the status Edited. This is the content that has been edited and submitted through the submit button. These are the only elements that can be seen by the Approver.</p> <p>Upon submitting, it would update the Liferay table on the backend and it would be considered as the Recently edited content.</p> <p>Upon approving the recently submitted content, it would update the Liferay table on the backend and it would be considered as the Approved content. However, the Approved content would only be published if the Approver clicked the Approve submission button.</p> <p>Upon declining, the status would be declined but it would still display the declined translated content. It would only be changed if a translator would edit it again. However, the declined content would have a status of declined.</p> <p>Regardless of the status, the previously edited content would be displayed on the table. As such, it may be completely different from the published content.</p>
Draft	Element in English	Recently edited web content	<p>Draft is the status of a submitted item that belongs to the Web Content type. Eg; Legal Content: Terms and Conditions.</p> <p>Both reviewer and approver will see this status type for web content until approved. Where the status will change to approved.</p>
Approved	Element in English	Recently edited content	<p>These elements have been approved by the Approver and as such, these would be the elements that would be found on the updated files upon exporting. These elements can still be edited.</p>
Declined	Element in English	Recently edited content	<p>These elements have been declined by the Approver as these may have been deemed as incorrect by the Approver. These elements can still be edited.</p>

2.3 Design and Compatibility

The pages detailed in this document will be developed using the Liferay portal and are subjected to certain style and design standards. For more information please see the Style guides and designs.



Adobe Acrobat Document

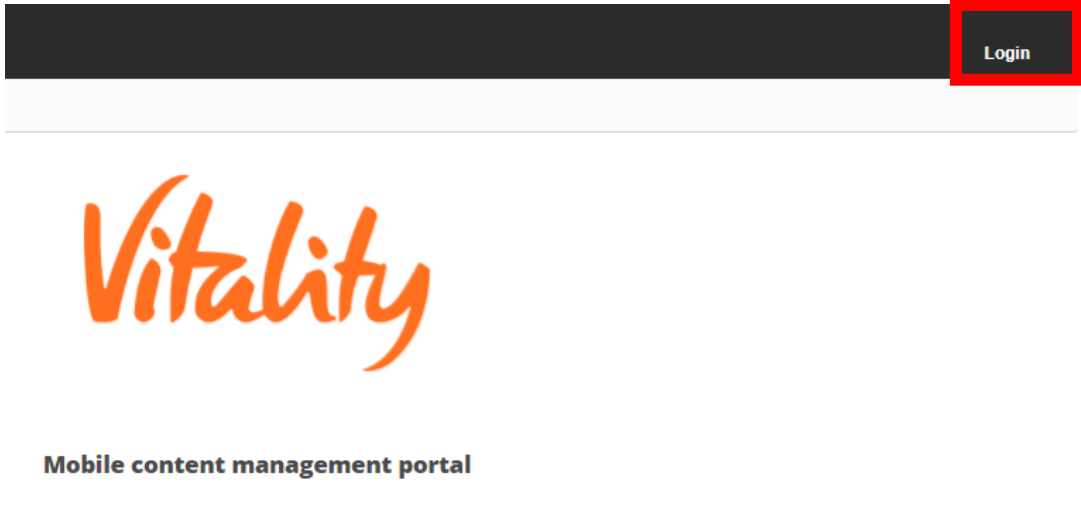
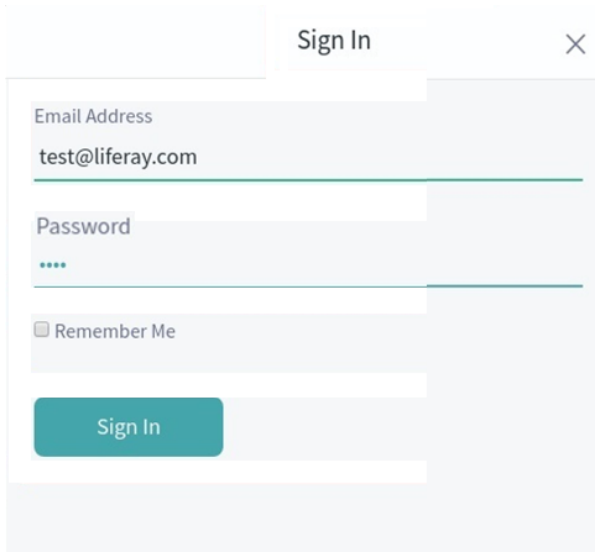
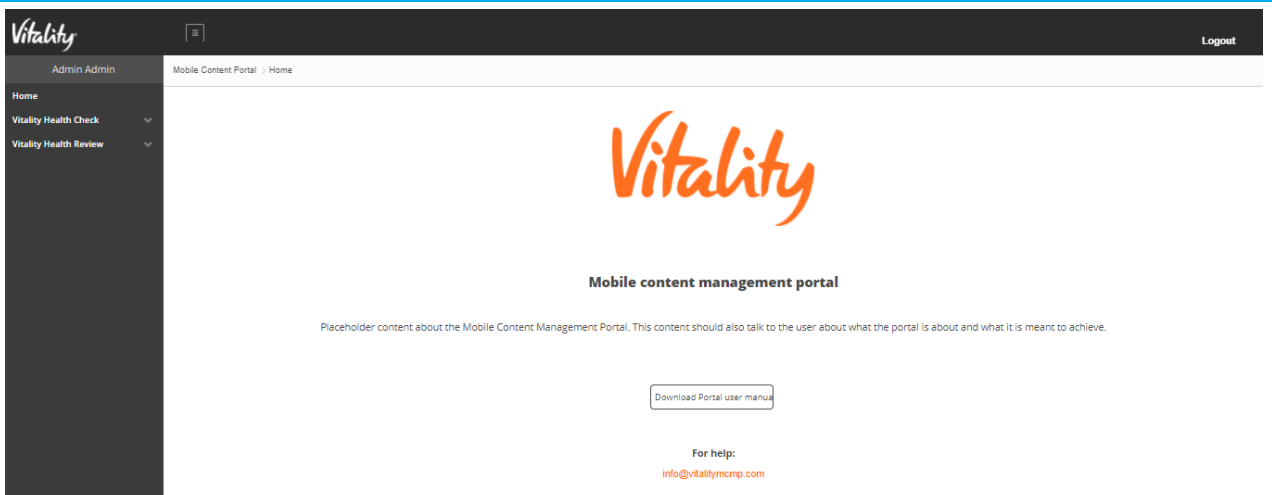
The current version of the Liferay portal is compatible with the following browsers:

- Firefox ESR45,
- Internet Explorer 11
- Safari 9

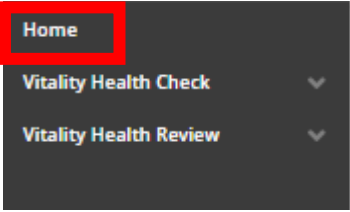
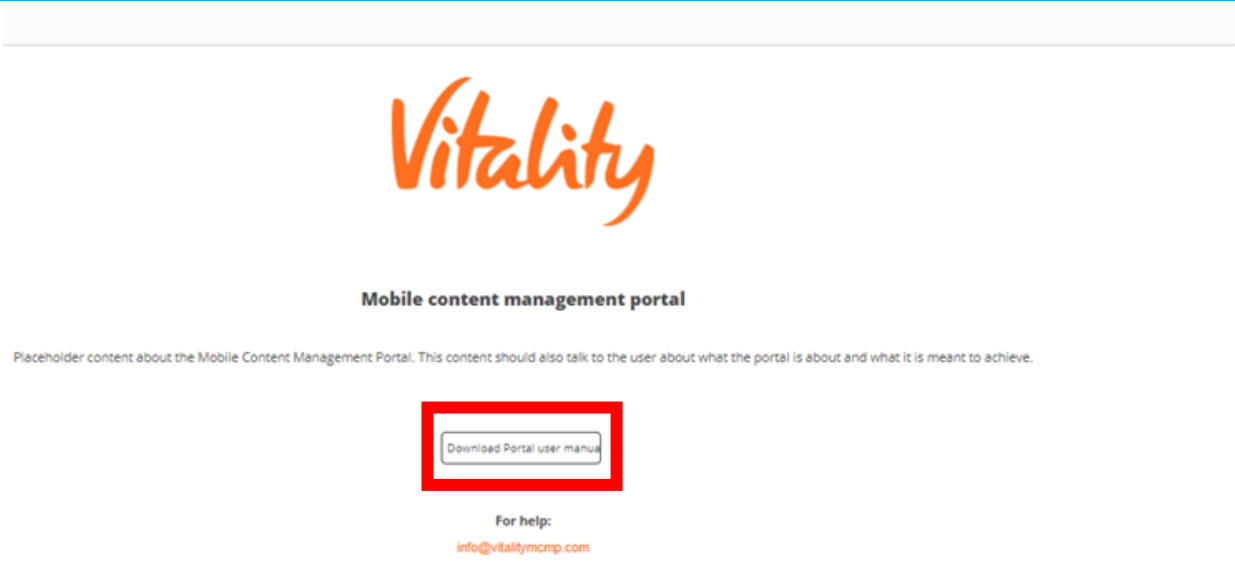


Adobe Acrobat Document

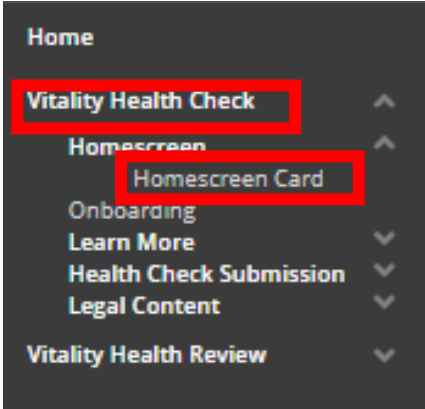
3. Log-in Process

Step	Process and Screen
1	<p data-bbox="159 246 1141 280">Press the Login button on the upper right-hand corner of the Vitality MCMP landing page.</p>  <p>The screenshot shows the Vitality logo in orange script, the text "Mobile content management portal" below it, and a dark navigation bar at the top right containing a "Login" button highlighted with a red square.</p>
2	<p data-bbox="159 828 1500 929">Enter your credentials within the appropriate text boxes (Email and Password). Press "Sign In" to enter the portal. You may opt to tick the "Remember Me" checkbox so that you do not have to enter your credentials again upon your next visit.</p>  <p>The screenshot shows a "Sign In" modal form with a close button (X) in the top right. It contains an "Email Address" field with "test@liferay.com", a "Password" field with masked characters, a "Remember Me" checkbox, and a teal "Sign In" button.</p>
3	<p data-bbox="159 1512 1484 1579">When you have successfully entered your credentials, you would be directed to the MCMP Main Page with access to the Main menu.</p>  <p>The screenshot shows the MCMP Main Page with a dark sidebar menu on the left containing "Admin Admin", "Home", "Vitality Health Check", and "Vitality Health Review". The main content area features the Vitality logo, the text "Mobile content management portal", a placeholder paragraph, a "Download Portal user manual" button, and contact information: "For help: info@vitalitymcmp.com".</p>

4. User Manual Download Process

Step	Process and Screen
1	<p>Click on the Home link to proceed to the MCMP Main Page.</p> 
2	<p>When you reach the MCMP Main Page, click on the “Download User Manual” button to access the User Manual. Clicking on the button will download the PDF by opening a new tab in the browser and then download the content.</p> 

5. Accessing Testing Guide and Feature Guide Process

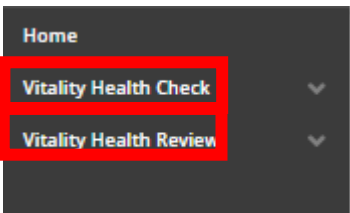
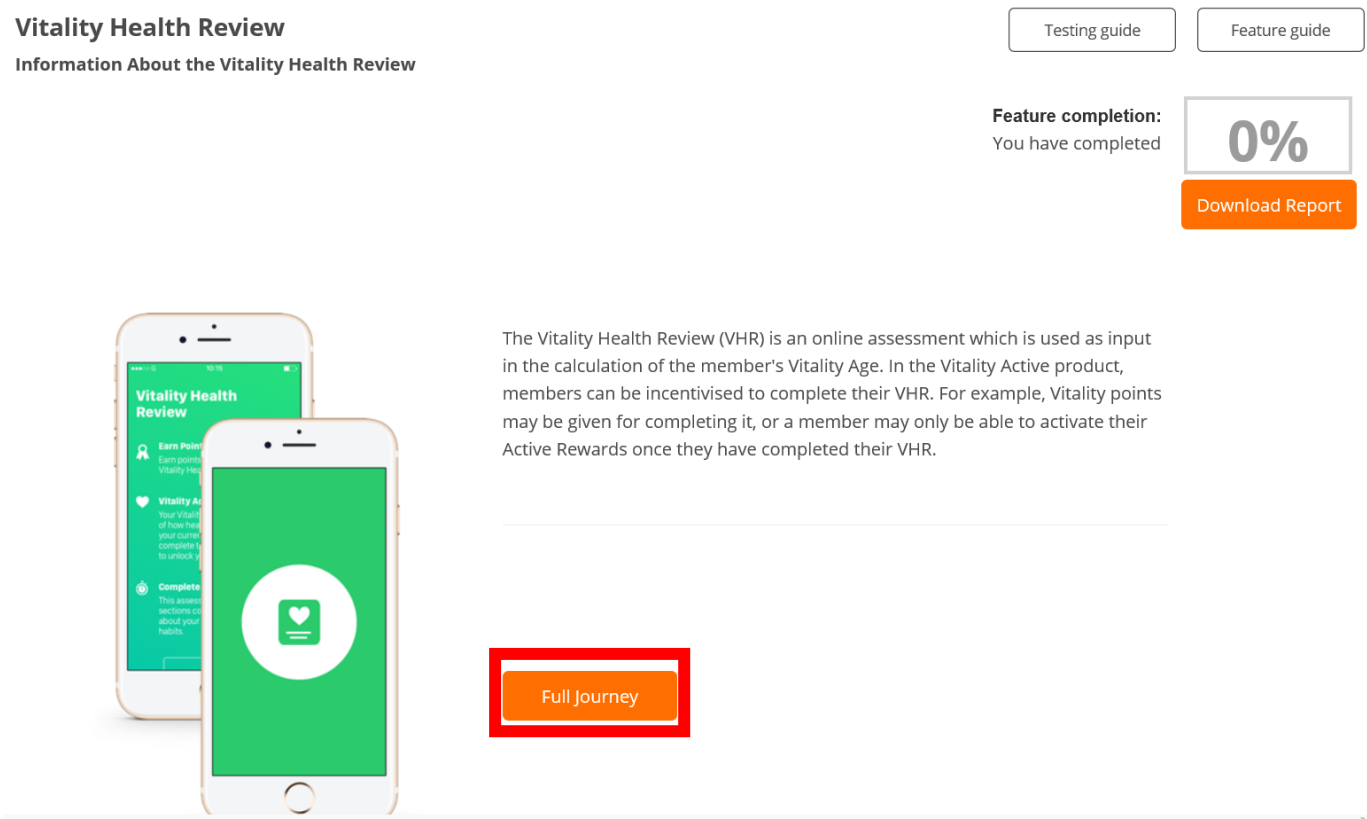
Step	Process and Screen
1	<p>To access the Testing Guide or Feature Guide, you may click on the either the Major Feature Set (1st level navigation) or Feature (3rd level navigation) link on the MCMP Main Menu</p> 
2	<p>The Testing Guide and Feature Guide link buttons are found in the upper right-hand corner of the page, below the Logout link. Upon clicking these guides, it would prompt a new tab in your current browser which would contain the PDF for the said files.</p> <p>It should be noted that the Testing Guide and Feature Guide buttons can also be found in the following pages:</p> <ul style="list-style-type: none"> • Onboarding • Commons Translation Page

Logout

Testing Guide

Feature Guide

6. Accessing a Full Mobile Journey for a Major Feature Set

Step	Process and Screen
1	<p>Click on a Major Feature Set link within the Main Menu to proceed to the MCMP Major Feature Set Landing Page. This can be viewed via 2 mechanisms: PDF View (Old Navigation) and Invision Prototype (New Navigation)</p> 
2	<p>PDF VIEW</p> <p>When you reach the MCMP Major Feature Landing Page, click on the “View Full Journey” button to access the diagram for that Major Feature Set on MCMP. Clicking on the button will download the PDF by opening a new tab in the browser and then download the content.</p> 

Invision Prototype


The Invision prototype feature allows the users to access up-to-date iOS and Android journeys / individual screens in real-time, as opposed to a static image like PDF. Invision prototypes are only available for new navigation. Click on the relevant platform, the browser will open anew window where the prototype will be displayed.

Login & Registration

Login & Registration
Information About Login & Registration

Testing guide Feature guide

Feature completion
You have completed: **44%**
Download Report



When initially accessing the Vitality app from the app store, users will be required to register their account on the app. During the registration process, users need to set their communication preferences, security and privacy settings, as well as accept the programme terms and conditions.

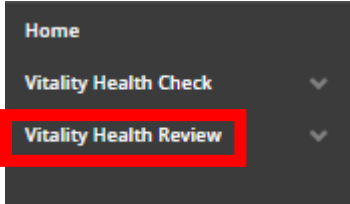
After successful registration on the app, users will be required to log in to the app on each subsequent visit.

iOS journey Android journey

Invision Web Page

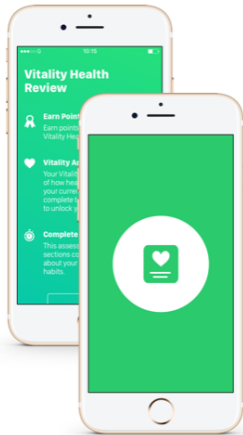
The screen prototype links will open a web page (Open access) where one can navigate between the various mobile app features. Features will be loaded into the MCMP as and when Product completes each journey prototype – hence one may see a **mix* of PDF Files and the Invision screens. **This is configurable*

7. Progress Report Download Process

Step	Process and Screen
1	<p>Click on a Major Feature Set link within the Main Menu to proceed to the MCMP Major Feature Set Landing Page.</p> 
2	<p>When you reach the MCMP Major Feature Landing Page, click on the “Download Report” button to access the diagram for that Major Feature Set on MCMP. Clicking on the button will download the CSV file containing the report.</p>

Vitality Health Review

Information About the Vitality Health Review



The Vitality Health Review (VHR) is an online assessment which is used as input in the calculation of the member's Vitality Age. In the Vitality Active product, members can be incentivised to complete their VHR. For example, Vitality points may be given for completing it, or a member may only be able to activate their Active Rewards once they have completed their VHR.

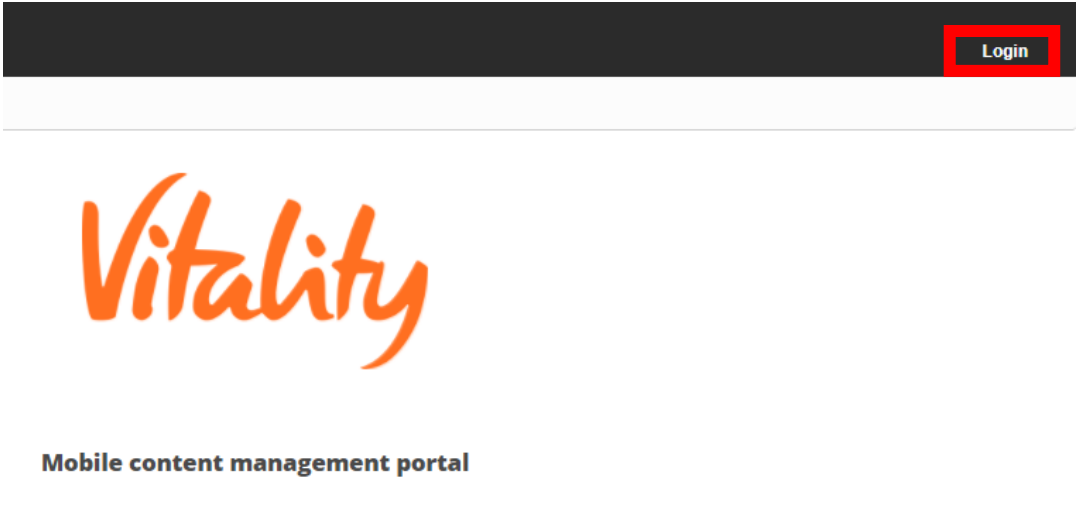
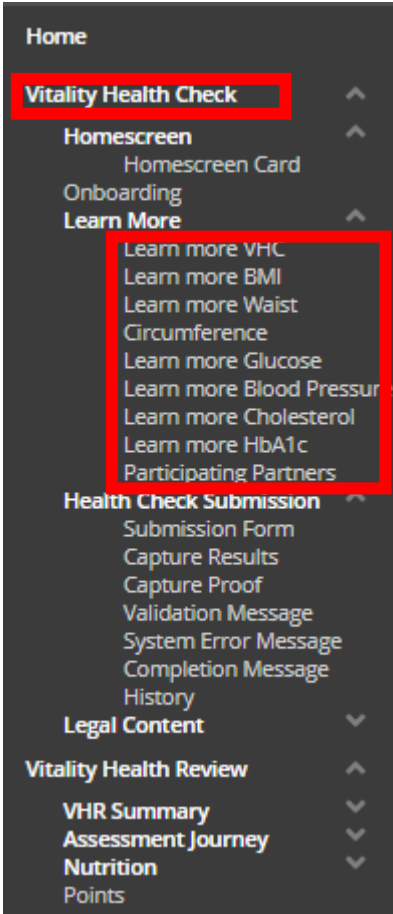


3

The CSV file for the report would contain the updated details for the elements of the Major Feature Set. These details include its Date, Major Feature Set, Feature Set, Feature, English content, translation, status, last time updated, last user who updated, and its locale.

MajorFeatureSet	FeatureSet	Feature	BaseLanguage	TranslatedText	Status	LastUpdated	User	Locale
VHC	Learn More	Learn More BMI	Your Body Mass Index is a calculation that takes into account both your height and your weight. It is more accurate than simply considering your weight. Yet it may inaccurately indicate body composition in populations with lean muscle mass that is more than average, for example, athletes.	Long Desc...	Submitted	9/12/17 1:29 PM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More BMI	What is Body Mass Index?	What is BMI???	Approved	9/12/17 1:30 PM	MCP ApproverDev	en_US
VHC	Learn More	Learn More BMI	How do I earn points for my Body Mass	Points for BMI	Declined	9/12/17 1:28 PM	MCP ApproverDev	en_US
VHC	Learn More	Learn More Blood Pressure	What is Blood Pressure?	What IZ blood Presoore???	Edited	9/12/17 2:43 PM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More Blood Pressure	High blood pressure or hypertension (140/90 mmHg or higher) can weaken blood vessels and damage organs. Untreated high blood pressure can lead to	sels and damage organs. Untreated hig	Submitted	9/12/17 2:33 PM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More Cholesterol	What is Cholesterol?	What is Cholesterol yes	Submitted	9/13/17 3:57 AM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More Cholesterol	How do I earn points for my Cholesterol?	test	Approved	9/13/17 3:39 AM	MCP ApproverDev	en_US
VHC	Learn More	Learn More Glucose	How do I earn points for my Glucose?	Glucose pointsooo how to earnoo	Approved	9/12/17 2:22 PM	MCP ApproverDev	en_US
VHC	Learn More	Learn More Glucose	What is Glucose?	?????? ?????????? C6H12O6???????	Declined	9/12/17 2:22 PM	MCP ApproverDev	en_US
VHC	Learn More	Learn More HbA1c	Content on why HbA1c is important.	Test 3	Edited	9/13/17 4:10 AM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More HbA1c	Content on how you earn points for	Test translation	Edited	9/13/17 4:21 AM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More HbA1c	How do I earn points for my HbA1c?	Test 4	Submitted	9/13/17 4:12 AM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More HbA1c	What is HbA1c?	Test 1	Approved	9/13/17 4:14 AM	MCP ApproverDev	en_US
VHC	Learn More	Learn More HbA1c	Content on what HbA1c is. (required)	Test 2	Declined	9/13/17 4:14 AM	MCP ApproverDev	en_US
VHC	Learn More	Learn More VHC	Get our verified health measurements for Body Mass Index, waist circumference,	???????????????????????????????????	Edited	9/12/17 5:14 AM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More VHC	Waist circumference	Wagstoo Sircumferencsoo	Edited	9/12/17 1:06 PM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More VHC	Earn Points	Earnoo Pointsoo	Edited	9/12/17 1:07 PM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More VHC	How a Vitality Healthcheck works	testing	Edited	9/13/17 3:05 AM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More VHC	Cholesterol	Cholesteroloo	Edited	9/13/17 4:33 AM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More VHC	Visit a healthcare professional	sitahin ang isang healthcare profesio	Submitted	9/12/17 5:12 AM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More VHC	Body Mass Index	BMI	Submitted	9/12/17 1:12 PM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More VHC	Glucose	glookosoo	Submitted	9/12/17 3:03 PM	MCP ReviewerDev	en_US
VHC	Learn More	Learn More VHC	Enter your verified results from a healthcare professional manually or have	testing only version 2	Submitted	9/13/17 3:29 AM	MCP ReviewerDev	en_US

8. Editing Guide for Resource Bundles

Step	Process and Screen
1	<p data-bbox="113 232 550 264">Log-in the MCMP using your credentials</p> 
2	<p data-bbox="113 815 1516 882">Access the Main Menu and choose a level 3 Navigation which has elements to be edited. To identify which level 3 navigation is a resource Bundle, please refer to 2.1.1 Website Navigation</p> 
3	<p data-bbox="113 1823 1532 1921">You will be directed to a Translation View page wherein you will be able to view the elements you can translate. To edit a element, click on the Edit option on the corresponding row of the element. If an element has not yet been edited, its status would be Created, and the Other language column would be empty.</p>

	English	Other Language	Status	
<input type="checkbox"/>	Visit a healthcare professional near you and get your Body Mass Index, glucose, cholesterol and blood pressure checked.	ポイント獲得 test edited v2	Submitted	Edit
<input type="checkbox"/>	Get Assessed	評価される... TEST	Declined	Edit
<input type="checkbox"/>	Capture and upload proof of your measurements from the healthcare professional.	ヘルスケアプロフェッショナルから測定結果を取得してアップロードします... TEST edited again	Declined	Edit
<input type="checkbox"/>	Earn Points	ポイント獲得 test edited	Approved	Edit
<input type="checkbox"/>	Capture Results	1212412 test 123	Declined	Edit

Here are the navigation elements you may find within a translation page:

- **Pagination:** To navigate across the list of Bundles, use the pagination found in the lower left-hand corner of the table
- **Carousel:** You can view a reference screen of the element by clicking an image within the carousel.
- **Filter:** You may filter text for the Bundles you want to view with the filter function - upper right-hand corner of the table

Pagination:



Carousel:

Find a screen easily

The screens below are included in this journey:

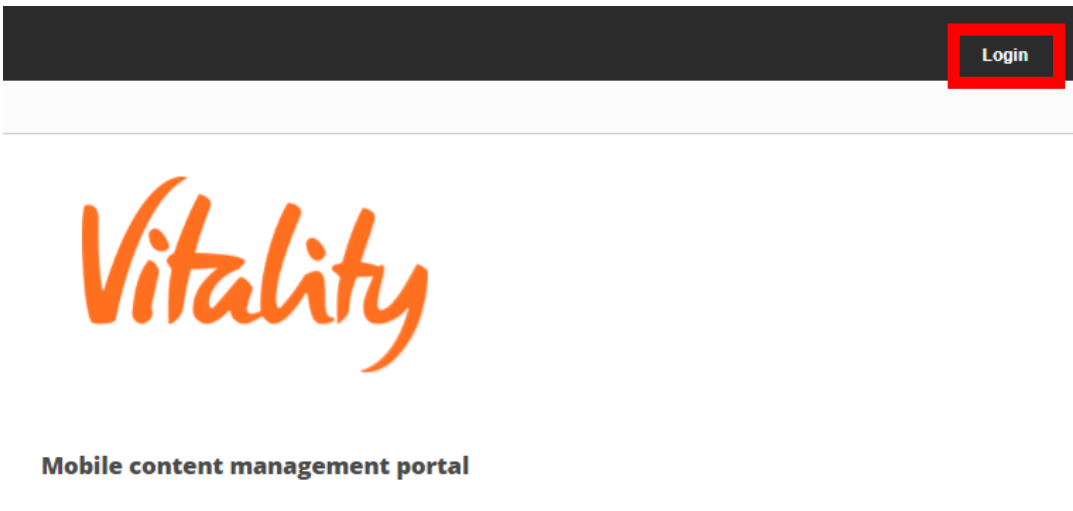
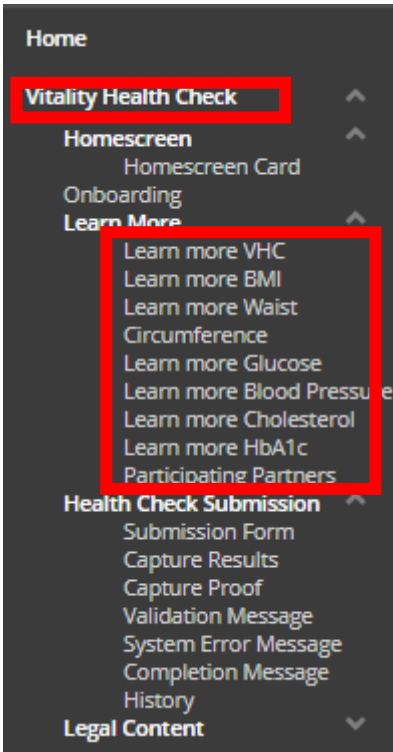


Filter:

Filter:

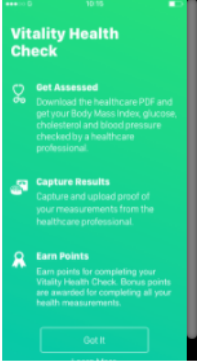
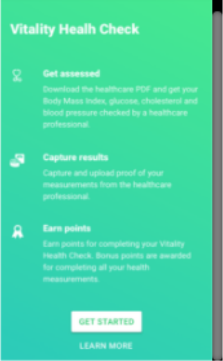


4 Upon clicking the Edit Option, it would open a pop-up within the Translation View Page. In this pop-up, you may add the translation for the chosen element. When you are satisfied with the translation done, you may click save to store your edit. However, you may also cancel an edit by clicking on the cancel button to close the pop-up and direct you back to the Translation page. Upon saving an edit, you would be directed back to the Translation page.

9. Approval Guide for Resource Bundles

Step	Process and Screen
1	<p data-bbox="113 259 579 293">Log-in to the MCMP using your credentials</p> 
2	<p data-bbox="113 846 1182 913">Access the Main Menu and choose a level 3 Navigation which has elements to be edited. To identify which level 3 navigation is a resource Bundle, please refer to 2.1.1 Website Navigation</p> 

3

You will be directed to a Translation View page wherein you will be able to view the translation you can approve. To approve or decline a submitted translation, click on the Approve or Decline option (by clicking on the ellipsis on the last column) on the corresponding row of the element. When you have already approved the elements, these elements would already be sent for publishing. For declined elements, their statuses would be updated to inform the Reviewer on the mistake. Furthermore, the statuses would be updated to the respective action, an approved element would have an Approved status while a declined status would have a Declined status. Further details on the status can be found on section **3.2 MCMP Statuses**

IOS	Android	English	Other Language	Status	
		Visit a healthcare professional near you and get your Body Mass Index, glucose, cholesterol and blood pressure checked.	ポイント獲得 test edited v2	<div style="border: 2px solid red; padding: 2px;">Approve Decline</div>	
					

Here are the options you may also do within the table:

- To navigate across the list of elements, use the pagination found in the lower left-hand corner of the table
- You can view a reference screen of the element by clicking an image within the carousel
- You may filter the elements you can view with the filter box found on the upper right-hand corner of the table

Pagination:



Carousel:

Find a screen easily

Information on how the image slide works in relation to the big images displayed above for the translation table.



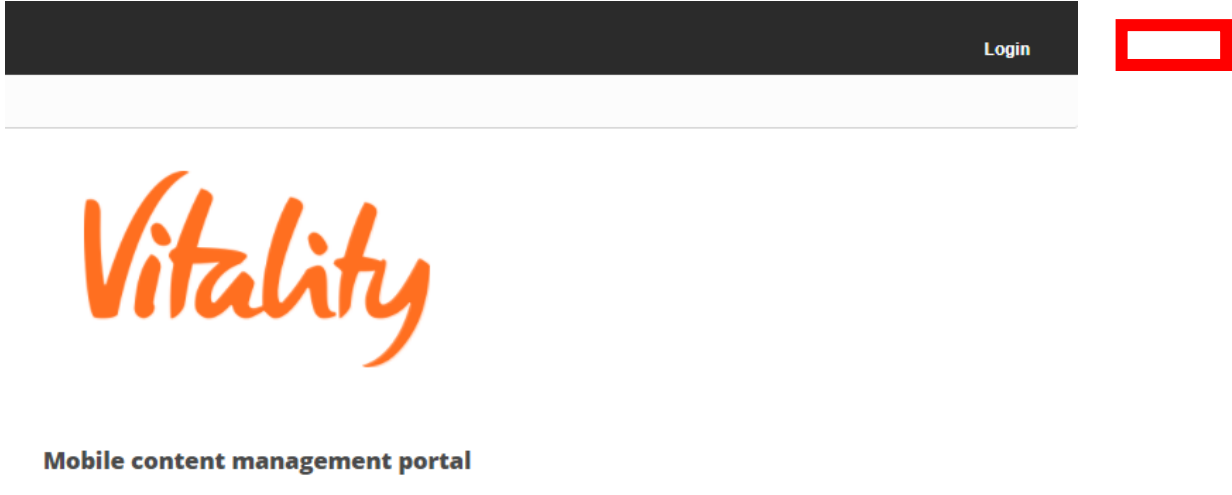
Filter:

Filter:

10. Editing Guide for Web Content

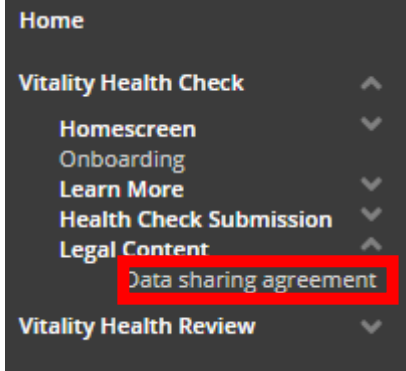
Step Process and Screen

1 Log-in to the MCMP using your credentials



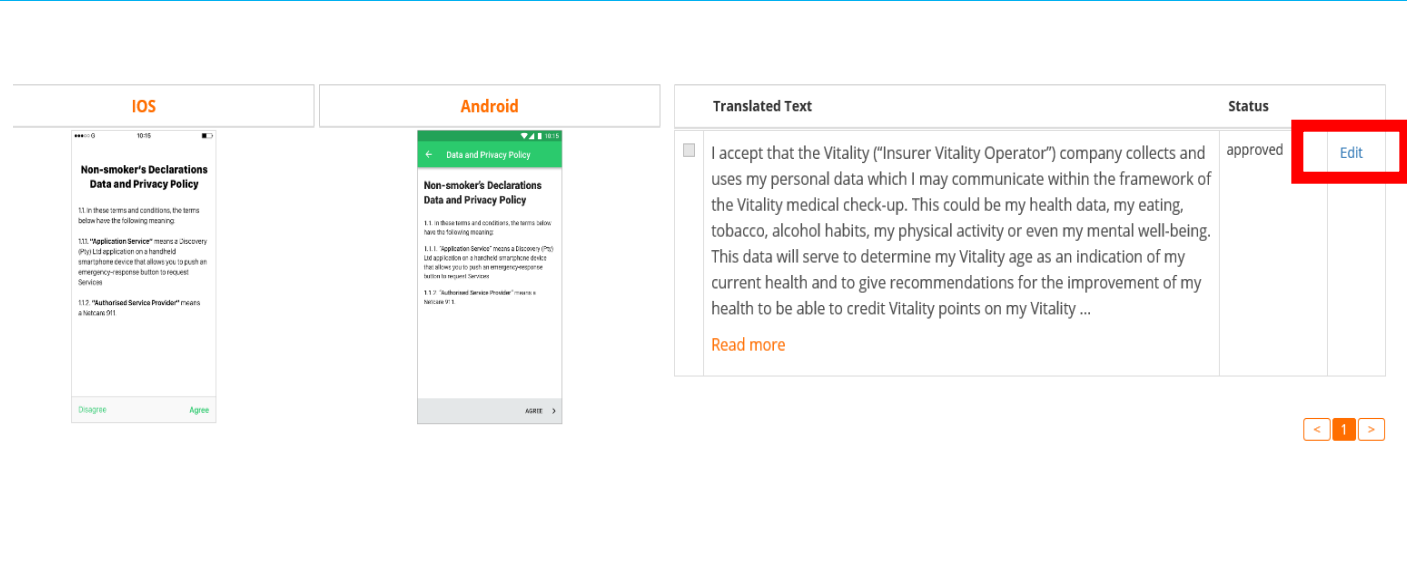
The screenshot shows the Vitality logo and the text 'Mobile content management portal'. A dark navigation bar at the top right contains a 'Login' button, which is highlighted with a red rectangular box.

2 Access the Main Menu and choose a level 3 Navigation which has Web Content to be edited. To identify which level 3 navigation is a Web Content, please refer to **2.1.1 Website Navigation**



The screenshot shows a dark menu with the following items: Home, Vitality Health Check, Homescreen, Onboarding, Learn More, Health Check Submission, Legal Content, Data sharing agreement (highlighted with a red box), and Vitality Health Review.

3 You will be directed to the Web Content Translation View page wherein you will be able to view the Web Content you can translate. To edit a translation, click on the Edit option on the corresponding column for the options. Further details on the status can be found on section **3.2 MCMP Statuses**.



The screenshot shows a table with columns for 'IOS', 'Android', 'Translated Text', and 'Status'. The 'Translated Text' column contains the text: 'I accept that the Vitality ("Insurer Vitality Operator") company collects and uses my personal data which I may communicate within the framework of the Vitality medical check-up. This could be my health data, my eating, tobacco, alcohol habits, my physical activity or even my mental well-being. This data will serve to determine my Vitality age as an indication of my current health and to give recommendations for the improvement of my health to be able to credit Vitality points on my Vitality ...'. The 'Status' column shows 'approved' and an 'Edit' button, which is highlighted with a red box. A 'Read more' link is also visible below the text.

Here are the options you may also do within the table:

- To navigate across the web content, use the pagination found in the lower left-hand corner of the table
- You can view a reference screen of the content by clicking an image within the carousel
- You may filter the contents you can view with the filter box found on the upper right-hand corner of the table
- You may also click on the Read More option to view the entire Web Content on a pop-up.

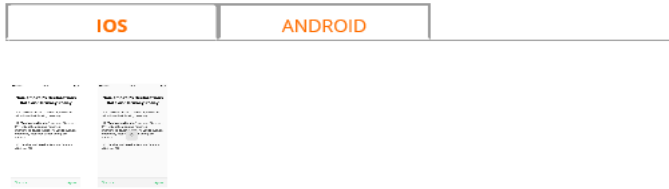
Pagination:



Carousel:

Find a screen easily

The screens below are included in this journey:



Filter:

Filter:

Read More

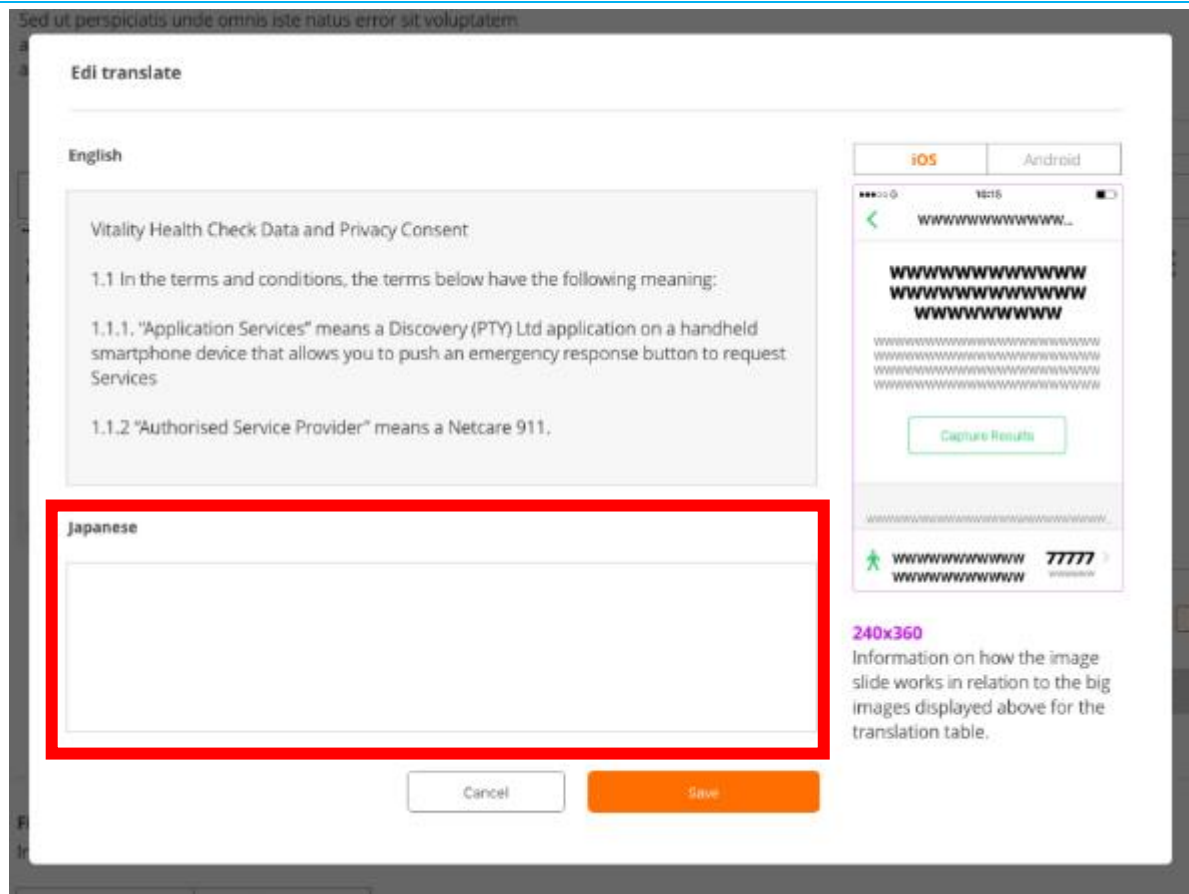
health to be able to credit Vitality points on my Vitality ...

[Read more](#)

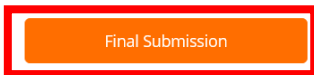
Read More Pop-up

IOS	Android	Translated Text
<p>English: Web content</p> <p>I accept that the Vitality (“Insurer Vitality Operator”) company collects and uses my personal data which I may communicate within the framework of the Vitality medical check-up. This could be my health data, my eating, tobacco, alcohol habits, my physical activity or even my mental well-being. This data will serve to determine my Vitality age as an indication of my current health and to give recommendations for the improvement of my health to be able to credit Vitality points on my Vitality points account. This data may be treated outside a member state of the <Insurer Operating Area> within the framework of the operations of maintenance of the IT tool. If the test will not be finalized within 30 days from first storage or if contract is cancelled, captured data is deleted. (You will find more information in the Privacy Statement.)</p>		

4 Upon clicking the Edit Option, you would be redirected to the Web Content Translation Pop-up. In this pop-up, you may the add the translation for the content. When you are satisfied with the translation done, you may click save to store your edit. However, you may also cancel an edit by clicking on the cancel button to close the pop-up and direct you back to the Translation page. Upon saving an edit, you would be directed back to the Translation page. Further details on the status can be found on section **1.3 Glossary of Terms.**



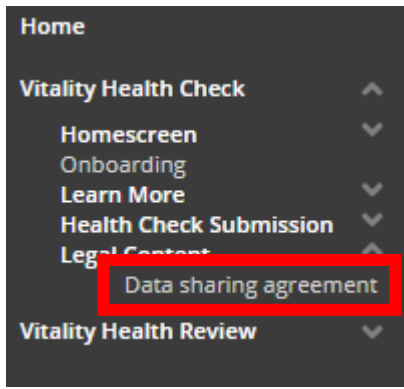
- 5 When an edit has been saved, you can now proceed to submit the translations for approval. It should be noted that only the elements that are checked through a checkbox would be considered for submission. The submission of an element would update the status to Submitted. Further details on the status can be found on section **3.2 MCMP Statuses**



11. Approval Guide for Web Content

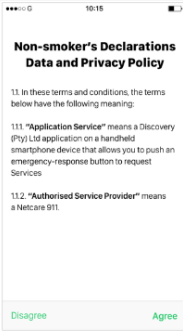
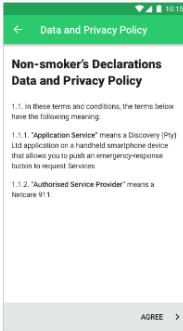

Step	Process and Screen
1	<p>Log-in the MCMP using your credentials</p>

2 Access the Main Menu and choose a level 3 Navigation which has Web Content to be edited. To identify which level 3 navigation is a Web Content, please refer to **2.1.1 Website Navigation**



3 You will be directed to the Web Content Translation View page wherein you will be able to view the translation you can approve. To approve/decline a submitted translation, click on the Approve or Decline option (by clicking on the ellipsis on the last column) on the corresponding row of the element. When you have already approved or declined elements, these elements would already be sent for publishing. An approved element, would have its status updated to Approved.

Choose language to translate into: **en_US**

IOS	Android	Translated Text	Status
		I accept that the Vitality ("Insu... Read more	Approve 

Here are the options you may also do within the table:

- To navigate across the web content, use the pagination found in the lower left-hand corner of the table
- You can view a reference screen of the content by clicking an image within the carousel
- You may filter the contents you can view with the filter box found on the upper right-hand corner of the table
- You may also click on the Read More option to view the entire Web Content on a pop-up.

Pagination:



Carousel:

Find a screen easily

Information on how the image slide works in relation to the big images displayed above for the translation table.



Filter:

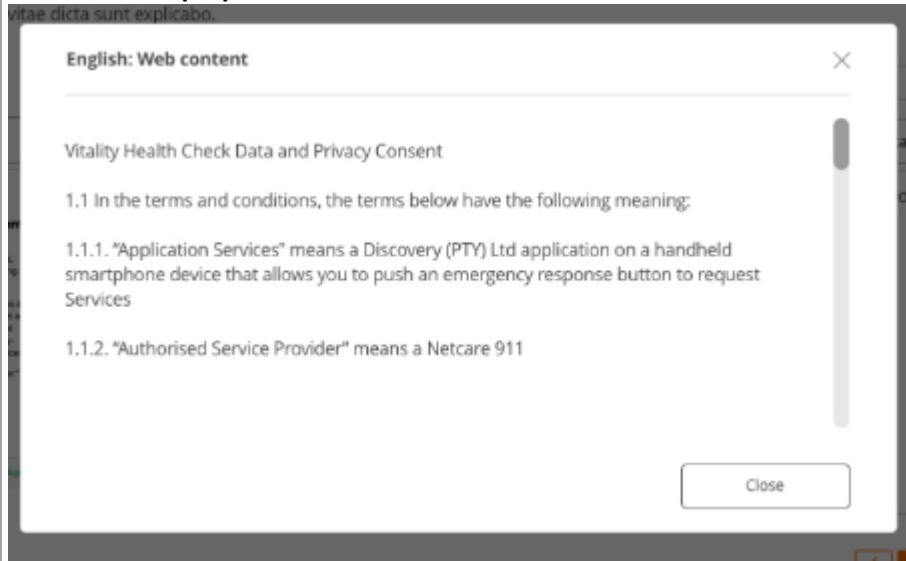
Filter:

Read More

health to be able to credit Vitality points on my Vitality ...

[Read more](#)

Read More Pop-up



<End of document>